

Club members, beginners, juniors and visitors must not misuse or damage any equipment provided to them on loan in the interests of health, safety or welfare nor place themselves at risk or any other person through their actions.

Safety Equipment

Use and wear of protective safety equipment that is provided when fencing on the strip.

Protective clothing:

- Glove
 - Jacket
 - Breeches and long socks or long pants (*legs must be protected*)
 - Covered footwear
 - Plastron
 - Mask
 - Breast Plate (*women/girls must wear breast protectors*)
 - Lamé.
- **Don't wear open toed shoes, shorts, ¾ pants, skirts or clothing with holes in to fence.**

Fencers Code of Behaviour

- Warm up before fencing
- Play by the rules
- Never argue with an official/referee
- Be a good sport
- Avoid use of derogatory language
- Pay club and competition fees on time
- Encourage and assist beginners and juniors to learn
- No selective bouting
- Be available to assist with official jobs

Fencing Rules

- Sword must **NEVER** be pointed at anyone who is not wearing a fencing uniform including a mask. This rule has no exceptions!
- Be aware of your surroundings. Don't step out onto the active floor without looking to be sure it's safe.
- Be mindful of your fencing distance.
- Stop fencing immediately if you think something is wrong or if your opponent retreats and waves the unarmed hand or gives any sign of wanting to stop.
- Aggressive fencing is OK; violent uncontrolled fencing is not. Nothing you do should ever cause pain or harm.